



SAMPLE

Lunch Menu



WEEKS 1 AND 5

1 & 5



MONDAY

Pizza Day



TUESDAY

Chicken
Tenders



WEDNESDAY

Mac & Cheese
w/ Garlic Bread



THURSDAY

Breakfast for
Lunch



FRIDAY

BBL BBQ
Kosher Hot Dog
or Hamburger
w/ Pasta Salad

WEEKS 2 AND 6

2 & 6



MONDAY

Pizza Day



TUESDAY

Tacos w/
The Fixins,
Chips & Salsa



WEDNESDAY

Turkey & Roast Beef,
Salami, American &
Provolone Cheese
w/ Chips



THURSDAY

Chicken &
Cheese Quesadilla
w/ Rice



FRIDAY

BBL BBQ
Kosher Hot Dog
or Hamburger
w/ Pasta Salad

WEEKS 3 AND 7

3 & 7



MONDAY

Pizza Day



TUESDAY

Chicken
Tenders



WEDNESDAY

Ian's Famous
Chicken Patty
w/ Chips



THURSDAY

Breakfast for
Lunch



FRIDAY

BBL BBQ
Kosher Hot Dog
or Hamburger
w/ Pasta Salad

WEEKS 4 AND 8

4 & 8



MONDAY

Pizza Day



TUESDAY

Tacos w/
The Fixins,
Chips & Salsa



WEDNESDAY

Baked Ziti w/
Garlic Bread



THURSDAY

Potato Pierogies
w/ Carrot &
Celery Sticks



FRIDAY

BBL BBQ
Kosher Hot Dog
or Hamburger
w/ Pasta Salad

PASTA BAR: With Butter or Red Sauce and (New in 2023)...Meatballs!!

DAILY ALTERNATIVES: Sandwiches include turkey, tuna, cheese and salami. Bagel bar with butter, jelly, Wow butter and cream cheese. A Variety of yogurts.

DAILY SALAD BAR: Romaine lettuce, tomatoes, cucumbers, carrot sticks, hard boiled eggs, diced chicken, homemade hummus, Asian noodles, seasoned croutons and an assortment of dressings.

DESSERT: Served daily and may include Jell-O, chocolate pudding, brownies, cookies, etc.

GLUTEN FREE: BBL Offers a station with Gluten Free options and food suitable for those with food allergies coordinated by our food allergy liaison.

SNACK SHACK: Campers are able to get a healthy snack throughout the day including apples, bananas, oranges, plums, celery & carrot sticks with dip, goldfish snacks, bagels with butter & cream cheese.

